



WEEKEND
ADVENTURE
GROUP
ADULT GROUP-BASED
ACTIVITIES

Registered
NDIS
provider



Sunnyfield
disAbility Services



WEEKENDS ARE FOR FRIENDS AND ADVENTURE

Sunnyfield's Weekend Adventure Groups are designed to support you to get out and about in your local community.

Within the activities you will build independence and develop life skills including catching public transport, money handling skills and building relationships.

Sessions run each weekend and provide a range of experiences to suit individual interests and hobbies.

Activities include

- Sydney events and attractions
- Barefoot bowls
- Art galleries and museums
- River cruises
- Sailing

Adventure Groups operate from

- Frenchs Forest
- Ryde
- Chatswood
- Waitara

For more information on planned activities contact our friendly Client Engagement Team today.

T 1300 588 688

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www.sunnyfield.org.au

