



WEEKEND CHILLS AND THRILLS

18 – 25 years
Central Coast

Registered
NDIS
provider



Sunnyfield
disAbility Services

GET SOCIAL WITH MATES

Weekends are for friends and adventure, so you'll get out and about, do things to build your independence, develop a few life skills and make loads of new friends. These programs are jam packed with local events, markets, movies, bowling and bushwalking.

Activities will rotate each month and include bowling, movies, local events and attractions.

- Saturdays
- 10am – 3pm
- Activity costs range from \$10 – \$20
- Group-based program
- Open to people with disability aged 18 – 25 years

Start the conversation today and contact Judi Fernance
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Sunnyfield
For a brighter future