



DISABILITY  
SUPPORT  
SERVICES

Registered  
NDIS  
provider



Sunnyfield  
disAbility Services

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FOR A  
 BRIGHTER  
 FUTURE

A lot can happen in 65 years. From the most humble of beginnings, Sunnyfield has grown in depth and breadth of support services. Working together with families, friends and dedicated staff, Sunnyfield supports a brighter future for people with disability.

Sunnyfield is a member based, registered not-for-profit charity. Guided by our values of respect, trust, honesty and innovation, it's our mission to enrich the lives of people with intellectual disability through person-centred active support that creates choice, opportunities and skills for life.

Day to day, we deliver services for over 1,800 clients, including young children, teenagers, adults and seniors. Sunnyfield employs over 1,200 staff in NSW and the ACT, providing accommodation services, assistance with daily life, social and community participation, supported employment and clinical services.

**Vision**

**Excellence in supporting people with intellectual disability**

**Mission**

**To enrich the lives of people with disability by creating choice, opportunities and skills for life**

**Values**

**Respect, Trust, Honesty and Innovation**

WE FEEL VERY FORTUNATE TO BE PART OF THIS WONDERFUL ORGANISATION AND LOOK FORWARD TO TRANSITIONING WITH THEM TO THE NDIS

Marnie, Parent



# IT'S YOUR TIME TO SHINE.

## About the NDIS

The National Disability Insurance Scheme (NDIS) is the new Federal Government funding scheme to support people with disability, their families and carers. People with disability will receive funding for reasonable and necessary supports based on their individual need and aspirations.

People with disability will be able to choose the types of supports they receive, when and where they are accessed, and which disability service providers they will use to deliver the supports.

## Start your NDIS journey with Sunnyfield

For more than 65 years, Sunnyfield has been enriching the lives of people with intellectual disability by creating choice, opportunities and skills for life. Sunnyfield provides a wide range of disability support services across NSW and ACT, which can be delivered at home, at work, in a Sunnyfield Community Services Hub or within your local community.

Experienced Sunnyfield staff are available to support people with disability and their families with NDIS plan development and implementation. To find out more about how Sunnyfield can assist you with your NDIS transition contact our friendly Client Engagement Team

T 1300 588 688 | E [NDIS@sunnyfield.org.au](mailto:NDIS@sunnyfield.org.au)



I FEEL I CAN TRUST SUNNYFIELD TO HELP MY SON, MARTIN, LEAD THE BEST LIFE POSSIBLE FOR HIM

Anita, Parent

### Participants who do not have an NDIS Plan

People with disability that are currently funded by Ageing, Disability and Home Care (ADHC) are automatically eligible for the NDIS. You should contact the National Disability Insurance Agency (NDIA) for details on eligibility.

#### Sunnyfield can assist you with

- Learning about the NDIS and how it works
- Defining your reasonable and necessary supports
- Identifying your future goals and aspirations
- Support in gathering documentation for the application process

### Participants who already have an NDIS Plan

If you have a finalised NDIS plan contact Sunnyfield to find out about our disability support services in your local area.

#### Sunnyfield can provide

- Assistance with social and community participation
- Assistance with daily life
- Shared living accommodation
- Support with finding and keeping a job
- Clinical services
- Coordination of supports
- Transition to work/vocational training

To access Sunnyfield's online planning tools visit: [sunnyfield.org.au/planning-tools](http://sunnyfield.org.au/planning-tools) or contact our friendly Client Engagement Team T 1300 588 688 | E [NDIS@sunnyfield.org.au](mailto:NDIS@sunnyfield.org.au)



THE ENVIRONMENT BEING  
CREATED IN THIS HOME IS A  
POSITIVE REFLECTION  
ON SUNNYFIELD  
AND ITS VALUES

Ken, Brother of Sunnyfield client

# ACCOMMODATION SERVICES

Whether you prefer the independence of living by yourself, or the fun of making new friends and learning new skills in shared accommodation, Sunnyfield has a range of accommodation services to support people with disability to find a place to call home, and build independence.

## Assistance in a shared living arrangement

### Assistance with daily life

### Short term accommodation and assistance



## Shared living

In a shared living home, you'll live independently in small groups of between two to five people. You'll enjoy the privacy of your own bedroom as well as shared spaces to watch television and enjoy meals together.

### Sunnyfield can provide

Accommodation support

Learning with daily tasks such as cooking, shopping and safety in the home

## Short term accommodation and assistance

Sunnyfield offers a range of in-home and centre-based service options to support families and carers in the regular maintenance of routines, community outings and activities around the home.

### Sunnyfield can provide

In-home support from highly trained staff

Outings in the community through social and recreational programs

Centre-based respite

## Assistance with daily life

Sunnyfield's independent living program supports people with disability to live independently in their own home.

### Sunnyfield can provide

Training to learn new skills such as budgeting, literacy and travel

Support with new activities such as shopping, cooking and safety in the home

Assistance with daily tasks, jobs inside the home, gardening and maintenance



I LIKE MY NEW HOME  
AND CATCHING THE  
BUS TO WORK

Rachel, Shared living resident



“**DAVID IS EXPOSED TO SO MANY EXPERIENCES, HE LOVES GETTING OUT AND ABOUT AND SUNNYFIELD HAS DEVELOPED A WONDERFUL PROGRAM FOR HIM THAT LETS HIM DO ALL THE THINGS HE ENJOYS IN A SAFE AND SUPPORTIVE ENVIRONMENT**”

Ann and Phil, Parents

# COMMUNITY SERVICES

If you're going to live the life you want, doing the things you most enjoy, then Sunnyfield can assist you to design a personalised plan to support you to achieve your personal goals and identify what supports you may need to get there.

**Assistance with social and community participation**

**Increased social and community participation**

**Improved daily living skills**

**Improved learning**

**Assistance with daily life**

## Social and community participation

Sunnyfield's Community Services Hubs offer a range of active support options so you can try new things, learn additional skills, and get involved in your community. Depending on what you want to do, that active support might be provided at home, at a Sunnyfield Community Services Hub, or in the community.

### Sunnyfield can provide

Daily activity programs that support your choices

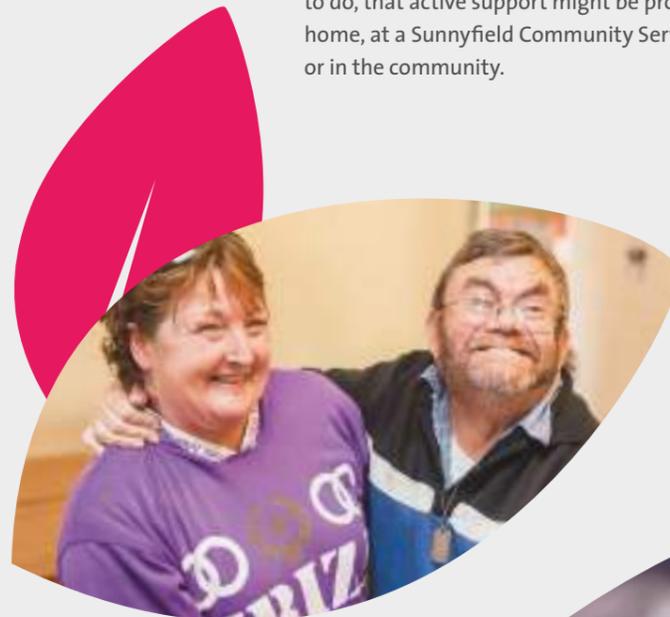
Access to outings in local parks, art galleries and museums

Going swimming to learn water safety skills and improve your wellbeing

Learning to cook foods that you enjoy to increase your independence

Participating in art classes and learning to express yourself

After school programs



**ALEX HAS GROWN IN HER INDEPENDENCE, SHE IS MORE CONFIDENT, HER LANGUAGE SKILLS HAVE IMPROVED AND SHE IS GENUINELY HAPPY**



**I LIKE THE PEOPLE  
I MEET AT MY PARK**

Dakota, Sunnyfield client

# SKILLS FOR LIFE

Sunnyfield's Skills for Life have been developed utilising Sunnyfield's person-centred active support philosophy. These activities are designed for people with disability of all ages, to support you to achieve your goals and aspirations. Skills for Life provide a range of practical tools and techniques to support you to develop social skills, communication skills, strengthen problem solving skills, increase self-awareness and build independence.



## Assistance with social and community participation

### Skills development in a group

### Individual skills development and training

### Assistance with daily life

### Improved daily living skills

## Social skills

- Knowing myself
- Relationship circles
- Conversations
- Hellos and goodbyes
- Friendships
- Boundaries
- More than friends-dating

## Money skills

- Budgeting
- Numeracy
- Purchasing
- Money recognition

## Cooking

- Food safety
- Following a recipe
- Planning a menu

## Out and about

- Public transport
- Travel training (practical)
- Road safety
- Being a vehicle passenger

## Digital

- Using an iPad®
- Cyber safety

## Personal appearance

- Dental hygiene
- Handwashing
- Identifying appropriate clothing



YOU SHOULD SEE THE EXCITEMENT ON SAMUAL'S FACE WHEN I PICK HIM UP TO BRING HIM TO THE HUB HE LOOKS HAPPY

Kariman, Sunnyfield Support Worker



THEY CARE ABOUT WHAT YOUR SKILLS ARE AND WHAT YOU ARE GOOD AT AND ARE WILLING TO HELP YOU ACHIEVE MORE THAN WHAT YOU THINK YOU CAN, THEY ENCOURAGE ME TO TRY MORE AND DO MORE

Theresa, Sunnyfield client

# CLINICAL SERVICES

Sunnyfield's Clinical Services offer a range of behaviour and allied health supports for people from early childhood through to late adulthood, providing a combination of supports that facilitate meaningful participation in the community and improve quality of life. Services can be accessed within a range of settings, which may include in the home, in the community or at an educational or vocational setting.

## Improved relationships

## Improved health and well-being

## Improved daily living skills



I LIKE COMING  
HERE AND SEEING  
MY FRIENDS

Ursula, Sunnyfield client

## Positive Behaviour Support

Sunnyfield's Behaviour Support Practitioners work with people to improve their relationships.

### Sunnyfield can provide

Consultation services

Comprehensive functional/behavioural assessments

Positive behaviour support plans

Assistance with the use, authorisation and fading out of restricted practices

Specialised training related to positive behaviour support

## Psychology

### Sunnyfield can provide

Behavioural support and management plans

Specialised training related to areas of psychology and mental health

Psychological assessment (e.g. mental health, cognitive capacity), diagnosis reports and treatment planning

## Speech Pathology

Sunnyfield's Speech Pathologists identify the most effective way to communicate based on individual needs.

### Sunnyfield can provide

Speech and language assessments

Literacy and reading comprehension assessments

Training in technology, visual communication tools and other innovative supports

Support for people who may have difficulties in swallowing food and drink

## Physiotherapy

Sunnyfield's Physiotherapists support people by developing plans that promote recovery from injury, increase mobility or overcome movement disorders.

### Sunnyfield can provide

Physical assessments and reports

Exercise programs designed to improve function and health.

## Occupational Therapy

Sunnyfield's Occupational Therapists support people of all ages and abilities to assist them to engage in everyday tasks and occupations to the best of their abilities.

### Sunnyfield can provide

Prescription of assistive aids and equipment for all daily living tasks

Specific plans that improve quality of life

Specialised training related to areas of Occupational Therapy

Rest, sleep and well-being plan





REALLY GREAT TO  
SEE DANYELLE ENJOY  
COMING TO WORK  
WITH HER FRIENDS

Deidre, Sunnyfield parent

# SUPPORTED EMPLOYMENT



Sunnyfield Enterprises provides meaningful employment opportunities for people with disability by offering individualised supports that can be tailored to suit a range of skills and abilities, to assist you in reaching your work goals.

## Finding and keeping a job

At Sunnyfield we support people with disability to learn new skills, gain confidence, earn a wage, and develop career opportunities all in the context of a commercial environment at one of three sites in Chatswood, Allambie Heights or Mt Druitt.

Opportunities exist for Supported Employees to become Assistant Team Leaders through the newly created mentoring and training program at Sunnyfield Enterprises. Over a 14 month period all Supported Employees work towards attaining a Process Manufacturing and Language, Literacy and Numeracy Certificate III qualification.

## Employment opportunities

Warehouse and logistics

Equipment operations

Clean room packaging

Mailing services

## Work based training

Workplace communication and teamwork

Workplace health and safety

Responsibilities of being an employee

Understanding neglect and abuse

🍃 I AM LEARNING NEW SKILLS AND GETTING THE SUPPORT I NEED TO BE ABLE TO DO MY ROLE 🍃

Theresa, Supported Employee





# SUNNYFIELD LOCATIONS

We're never too far. Sunnyfield's supports and services are available across NSW and the ACT. We can provide services in your home, in a Sunnyfield Community Service Hub, or in the community. Contact us to find out what's in your neighbourhood.

## Sunnyfield Community Service Hubs and Support Offices

- |   |   |   |
|---|---|---|
| <b>Northern Sydney</b><br>Allambie Heights<br>Chatswood<br>Frenchs Forest | <b>Western Sydney</b><br>Blacktown<br>Guildford<br>Mount Druitt<br>Parramatta | <b>Hunter and Central Coast</b><br>Belmont<br>Charmhaven<br>Kariong |
| <b>Sydney</b><br>Ashfield<br>Lilyfield<br>Marrickville                    | <b>South Western Sydney</b><br>Campbelltown                                   | <b>New England</b><br>Armidale<br>Gunnedah<br>Tamworth              |
| <b>South Eastern Sydney</b><br>Bexley<br>Caringbah<br>Randwick            | <b>Nepean Blue Mountains</b><br>Orchard Hills<br>St Marys                     | <b>Northern NSW</b><br>Tweed Heads                                  |
|   |   | <b>Australian Capital Territory</b><br>Holder                       |

## Feedback

We are not only in the business of improving lives we are also in the business of improving the way we do it.

So if you have any feedback, about the things we have done well, or the things we could do better, then please get in contact and send an email to our confidential email account at [feedback@sunnyfield.org.au](mailto:feedback@sunnyfield.org.au)

## Contact us

T 1300 588 688

E [enquiries@sunnyfield.org.au](mailto:enquiries@sunnyfield.org.au)

[www.sunnyfield.org.au](http://www.sunnyfield.org.au)



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**Sunnyfield**  
For a brighter future