

GUILDFORD COMMUNITY SERVICES HUB WEEKLY PROGRAM

9am – 3pm Monday – Friday. Drop off and pick up at Guildford Community Services Hub.

MONDAY



Arts and Craft



Shopping (Meal planning)



Gardening



Outdoor Sports

TUESDAY



Casula Museum



Bowling and a visit to the local park



Cooking



Gardening and Scrapbooking

WEDNESDAY



Newspaper folding and delivery



Music & Dance



Group Activity



Van Maintenance

THURSDAY



Bowling and a visit to the local park



Beauty Therapy



Gym and Fitness



Sensory Activities

FRIDAY



Group Activity



Aqua Golf



Movies and Stocking



'Skills for Life' – Literacy and Numeracy

Start the conversation today and contact our friendly Client Engagement Team on 1300 588 688.
Guildford Community Services Hub 11 – 25 Byron Road Guildford.
www.sunnyfield.org.au

Registered
NDIS
provider



Sunnyfield
disAbility Services