

# PARRAMATTA COMMUNITY SERVICES HUB WEEKLY PROGRAM

9am – 4pm. Monday – Friday.

Pick-up and drop-off at Parramatta Community Services Hub.

Group-based activities for participants 18+.

## MONDAY



### Community Access

Today, participants can choose a fun and exciting day out to visit the library, catch a movie, visit the RSPCA, Lindt factory, Westmead Tavern, IKEA or the Penrith Plaza.

## TUESDAY



### Arts & crafts

Come and create an exciting arts and craft project which will be completed as a group. Clients can get as creative as can be and create a wonderful masterpiece which can entered into local art shows and competitions. Craft may include painting, sculpting, constructing and more.

## WEDNESDAY



### Bingo day

Wednesdays we will run our own BINGO at the Parramatta hub and take the stakes a notch higher.

## THURSDAY



### Bowling (Villawood)

Let's catch up with our friends and join them in a friendly game of ten pin bowling on Thursdays.

## FRIDAY



### BBQ & Sports

Come and enjoy a day out for a sports day and enjoy a BBQ lunch. Meet up with friends and get involved with sporting activities such a Cricket, soccer, team building skills, ball games and much more.

