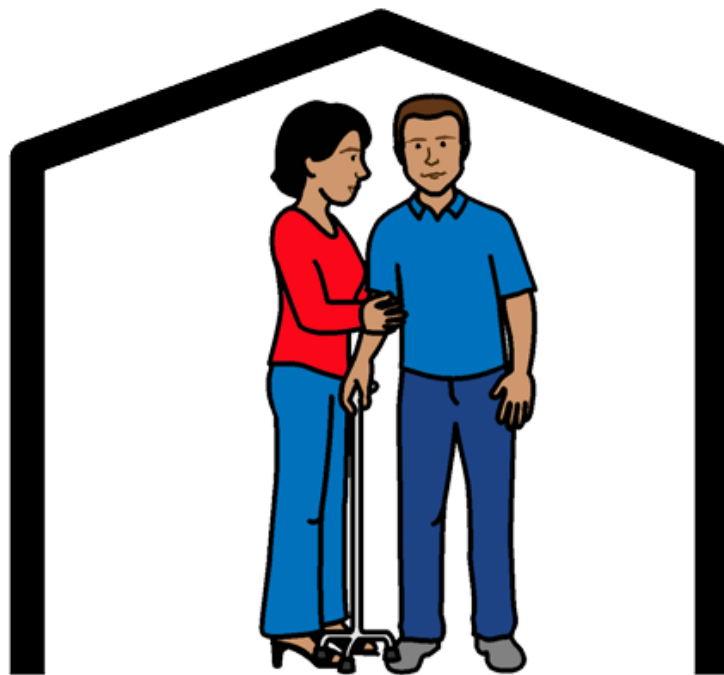


OUR SERVICES



Sunnyfield Disability Services



Easy English

Registered
NDIS
provider



Sunnyfield
disAbility Services



Hard words

This book has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book
- know what this book is about



- find more information.

About this book



This book is about our services.



Our services can help you

- find a good place to live



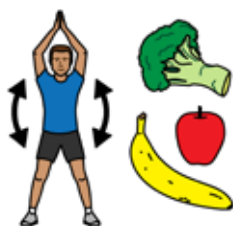
- find a job



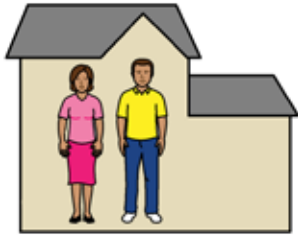
- get the right supports



- be part of the community



- be healthy.



Shared independent living

We can help people with disability get **shared independent living** support.

Shared independent living means you

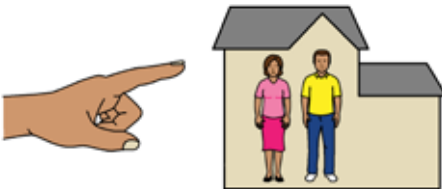
- live with other people

and

- have choice and control over your life.

We can help you

- find a good place to live



- choose who you live with



- get money for supports you get where you live



- make a plan for support.



We can also help you

- use the **National Disability Insurance Scheme**

The National Disability Insurance Scheme or NDIS helps people under 65 with a disability get care and supports.



- get personal support each day



- be independent



- learn things to help you at home.

For example

- how to cook



- how to shop for food



- how to be safe in your home.



Short term accommodation

We can help people with disability find **short term accommodation**.

Short term accommodation means a place to live for



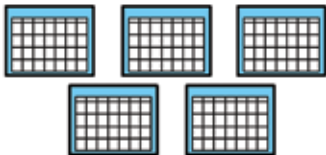
- an overnight stay

or

- a short stay of
 - a few days

or

- a few months.



Our short term accommodation support gives people a safe space to enjoy an out of home break.

SUN	MON	TUE	WED	THU	FRI	SAT

Short term accommodation can be used every day of the week.



Accommodation for adults

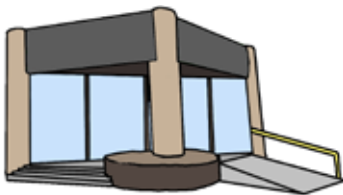
We can help with short term accommodation for adults with disability.

Our short term accommodation for adults

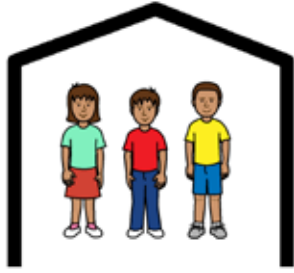
- is in Ashfield
- has 5 bedrooms
- has a big space for you to do activities



- has a kitchen for you to use



- has wheelchair access.



Accommodation for children and teenagers

We can help with short term accommodation for children and teenagers with disability.

It is for children and teenagers aged 6 to 17 years old.

Our short term accommodation for children and teenagers

- is in Caringbah
- has 5 bedrooms



- has a big space for you to do activities
- has a play area outside
- has wheelchair access.

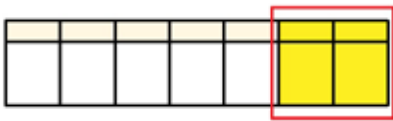




The short term accommodation for children and teenagers can be used for

- before and after school care

and



- weekend and holiday programs.



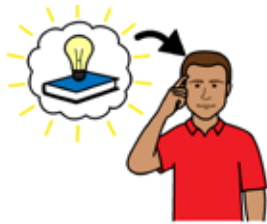
Supported employment

We can help people with disability

- find and keep a job

and

- meet work goals.



We can help you to

- learn new skills

- be more confident



- earn money

- make job opportunities for the future.



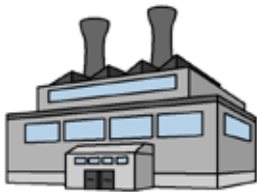
We have 2 places where we can help people with job support.

They are in

- Allambie Heights

and

- Mt Druitt.



Job opportunities can be

- warehouse and transport jobs

- equipment operations



- clean room packaging

- mail services.



We can help you with work based training in

- workplace communication and teamwork



- workplace health and safety

- what you need to do for your employer



- how to stop **neglect** and **abuse** at work.

Neglect means you do **not** get the care you need.

Abuse means someone hurts you.

People we support can also become assistant team leaders in our training program.



Support coordination

Our support coordination team will help you to use the NDIS.



We can help you to

- use the money you get in your NDIS plan
- change your plan
- find service providers.



You need to ask for support coordination to be in your NDIS plan.



Support coordination helps you to

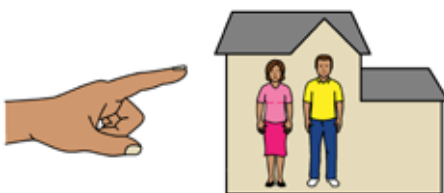
- know more about how the NDIS helps you
- use the NDIS to better support your needs



- find disability and allied health service providers

- have choice and control to live the life you want

- change your supports if you need to

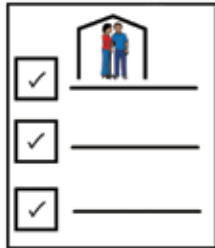


- find a place to live.



Our support coordination team can help you

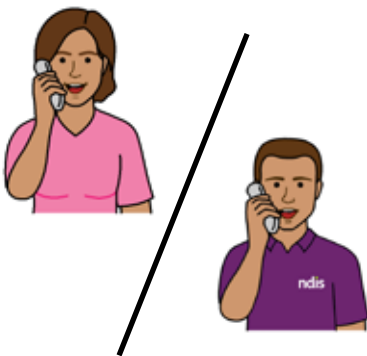
- find out how much services cost



- make service agreements with providers

- make sure you use your plan for the best outcomes for you

- make sure your service providers give you the support you need



- report to the NDIA for you

- talk to other government departments.



Community services centres

Our community services centres help you to

- try new things
- learn new skills
- be part of the community.



We have centres across

- Sydney
- New England
- Northern NSW
- Central coast
- ACT.

The centres are open on Monday to Friday
from 9 AM to 5 PM.



At the community services centres you can

- use activity programs



- go out for a day trip

- to the museum

or

- to a local park.

- learn to

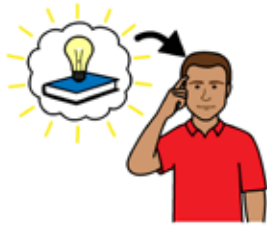
- swim

- cook

- make art.



- use after school care or holiday programs.



Skills for life

We have a program called Skills for Life.

These programs will help people with disability be the best they can be.



We will help you to

- have good social skills
- communicate with people
- get skills to solve problems

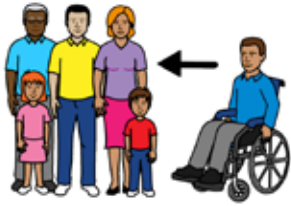


- be independent.



You can learn to

- catch a bus
- use an iPad
- talk to people.



Community access

We run a lot of group programs for people with disability.



The programs can help you to

- meet new friends
- have an adventure
- be independent
- learn new life skills.



The programs could be

- a local event

or

- a trip on a boat.



More information

For more information contact Sunnyfield.



Call 1300 588 688



Website www.sunnyfield.org.au



Email enquiries@sunnyfield.org.au



National Relay Service

TTY 133 677

Then ask for 1300 588 688

Speak and Listen 1300 555 727

Then ask for 1300 588 688

Internet relay users connect to the NRS

Then ask for 1300 588 688

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Scope's Communication and Inclusion Resource Centre

wrote the Easy English in November 2018. www.scopeaust.org.au

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