



GETTING NDIS READY TOGETHER



Sunnyfield Disability Services



Easy English



Hard words

This book has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book
- know what this book is about



- find more information.

About this book



This book is about how we will help you to use the **National Disability Insurance Scheme** or **NDIS**.



The NDIS helps people under 65 with a disability get

- care

and



- supports.



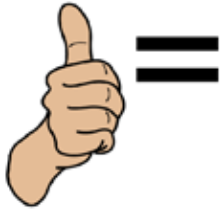
If you have an NDIS plan you will

- choose the supports you want
- control when and where you get supports



- say what disability service providers you want to use.

About the NDIS supports



The NDIS will help with supports for your disability that are **reasonable** and **necessary**.

Reasonable is something that is fair.

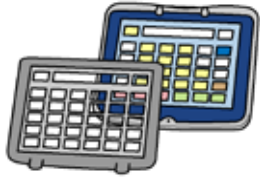
Necessary means something you must have.



Reasonable and necessary supports can help you to

- be more independent
- be part of the community
- meet your goals.





Supports could be

- a communication device

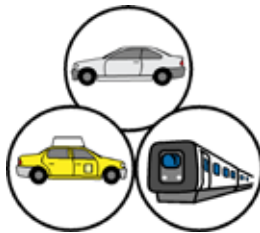


- help to join a community group

- a bathroom that is easy to use



- help to find or pay for a place to live

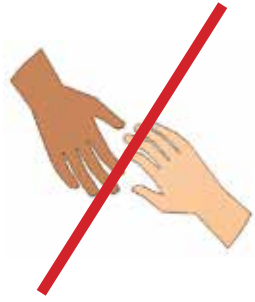


- transport to take you to community or social activities



- therapy services.

For example, physiotherapy.



The NDIS will **not** help with supports that

- do **not** assist with your disability

- are paid for by another group



- might hurt you or another person

- are for day to day costs to live.

For example, groceries.



About your NDIS plan

Your NDIS plan should have

- a list of supports and services you get now

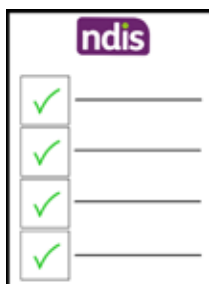


- information about aids or equipment you use for your disability



- a list of what your goals are

- information from your doctors or service providers to say why you get your supports



- a list of supports or services that you need but do **not** get now.



When you meet with the NDIA planner or **Local Area Coordinator** they will ask questions about

- what supports you get now



- what equipment or aids you use for your disability



- where you live



- who you live with

- what things you do each day

- what supports you need but do **not** get now

- your goals or what you want to happen.



A Local Area Coordinator or LAC is someone who can help you make your plan happen.



The supports you get now

You might tell the NDIA planner or Local Area Coordinator that

- you live at home with your mum and dad



- you get support at home 2 days a week



- you get help with
 - your day to day activities



- things you do around the house.

Your day to day activities

You can talk to the NDIA planner or Local Area Coordinator about

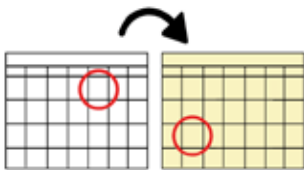


- what activities you do now

- what works well



- what you are good at



- what you would like to change.

Your goals



You can talk to the NDIA planner or Local Area Coordinator about your goals or what you want to happen.



Think about what you would like to do.

Then think about

- what you want to happen
- what you want to achieve
- why you want to do something



- what you want to learn



- how the activity helps you.



How we can help you

We can help you start to use the NDIS.



We can help you learn about the NDIS and how it works.



We can help you to think about reasonable and necessary supports.



We can help you to think about your goals.



We can help you to get information ready for your NDIS plan.



We can help you to use the NDIS online tools.



More information

For more information contact Sunnyfield.



Call 1300 588 688



Website www.sunnyfield.org.au



Email enquiries@sunnyfield.org.au



National Relay Service

TTY 133 677

Then ask for 1300 588 688

Speak and Listen 1300 555 727

Then ask for 1300 588 688

Internet relay users connect to the NRS

Then ask for 1300 588 688

Notes

Notes



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Scope's Communication and Inclusion Resource Centre

wrote the Easy English in November 2018. www.scopeaust.org.au

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