

# HOTSHOTS CESSNOCK

Tuesday 16 April 2024 – Wednesday 24 April 2024

Group based activities for participants Children 6 - 12yrs Tuesdays Start time 9am Finish time 3pm

## TUESDAY

16 April 2024



### Sensory Sensations

Get ready to explore your senses with our sensory sensations program. Squish, squeeze, sniff and taste your way through different textures. Please bring a packed morning tea and lunch.

Activity cost \$5

## WEDNESDAY

17 April 2024



### Mindful Me

Let's learn to calm our minds and slow down! We will explore mindfulness activities and find our inner Zen.

Please bring morning tea and lunch.

## THURSDAY

18 April 2024



### Scavenger Hunt

Let's explore the wonders of our nature on a scavenger hunt at the park! Mark everything off the list of activities to do and then reward yourself with a fun play at the park.

Please bring a packed morning tea, lunch, hat and water bottle.

## TUESDAY

23 April 2024



### Mini Chefs

Grab your apron and learn how to make delicious treats! Follow recipes, measure ingredients and best of all, taste your yummy culinary masterpieces!

Please bring a packed lunch.

Activity cost \$5

## WEDNESDAY

24 April 2024



### Little Critters

Join us on a bug-tastic adventure at the park! We will learn about these little critters, observe their homes and uncover the mysteries of their tiny lives.

Please bring a packed morning tea, lunch, hat and water bottle.

Start the conversation today and contact Corinne Edwards M 0433 862 430 E [c.edwards@sunnyfield.org.au](mailto:c.edwards@sunnyfield.org.au)

Cessnock Hub 100 Vincent Street, Cessnock [www.sunnyfield.org.au](http://www.sunnyfield.org.au)

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