

BRIGHT NIGHTS ALLAMBIE HEIGHTS

Wednesdays weekly

Meeting Point Participants to be picked-up and dropped-off at home
Group-based activities for participants 18+ years Start time 6pm Finish time 10pm
Participants to bring their Opal/Companion/Concession Cards to each outing

WEDNESDAY

4 December 2019



Night in at Sunnyfield Allambie Heights
Activity cost Free
Participants to bring their own dinner

WEDNESDAY

11 December 2019



Dinner @ Time and Tide Hotel
Activity cost \$25 (for dinner)

WEDNESDAY

18 December 2019



Night in at Sunnyfield Allambie Heights
Activity cost Free
Participants to bring their own dinner

WEDNESDAY

8 January 2020



Ten pin bowling
Activity cost \$20

WEDNESDAY

15 January 2020



Night in at Sunnyfield Allambie Heights
Activity cost Free
Participants to bring their own dinner

WEDNESDAY

22 January 2020



Picnic on the beach
Activity cost \$20

Start the conversation today and contact Thomas Velden T 0413 122 560 or 02 8977 2755 E northernsydneygroups@sunnyfield.org.au
www.sunnyfield.org.au

Registered
NDIS
provider



Sunnyfield
disAbility Services

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Meeting Point Participants to be picked-up and dropped-off at home
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WEDNESDAY

29 January 2020



Night in at Sunnyfield Allambie Heights
Activity cost Free
Participants to bring their own dinner

WEDNESDAY

5 February 2020



Chinese Yum Cha
Activity cost \$25

WEDNESDAY

12 February 2020



Night in at Sunnyfield Allambie Heights
Activity cost Free
Participants to bring their own dinner

WEDNESDAY

19 February 2020



Pizza Night
Activity cost \$20

WEDNESDAY

26 February 2020



Night in at Sunnyfield Allambie Heights
Activity cost Free
Participants to bring their own dinner

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