

BLACKTOWN COMMUNITY SERVICES HUB WEEKLY PROGRAM

Open to participants 18+. Activities run each weekday from 9am - 3pm. Drop off and pick up from Blacktown Community Services Hub.

MONDAY



Well-being
Skills for Life activity

TUESDAY



Well-being
In-house Zumba class

WEDNESDAY



About me
Individual craft projects

THURSDAY



Well-being
Visit to the local park or
to Blacktown Library

FRIDAY



Well-being
Sports activities
Participating in a variety
of sports

About me
Scrapbooking activities

Community access
Knowing my Sydney
For example: Sydney
Festival, Fish Markets or
Parramatta Park

Sensory
Music therapy and
sing-a-longs

Identity building
Photography

Community access
Culture trip

Community access
Knowing my Blacktown
community

Physical and sensory
Participate in Science
experiments

Digital literacy
Using an iPad® or How to
use a SMART® Board

Well-being
Following a recipe

Countries and culture
End of week celebration
and activities

Countries and culture
Exploring a country and
discovering different
cultures

Digital literacy
Using an iPad®

Physical and sensory
Indoor games

Digital literacy
Using an iPad®

Digital literacy
Using an iPad®

Start the conversation today and contact our friendly team on T 1300 588 688 E enquiries@sunnyfield.org.au
Blacktown Community Services Hub 87 Flushcombe Road, Blacktown
www.sunnyfield.org.au

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provider



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