BEXLEY COMMUNITY SERVICES HUB WEEKLY PROGRAM

Activities run Monday – Friday from 9.30am - 3.30pm. Participants can select from a range of daily supports or attend the full day. Drop-off and pick-up from Bexley Community Services Hub. Participants can bring a packed lunch or buy lunch during community access activities.

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Activity 1

Art and computer program Activity cost \$2.50



Activity cost \$4.00

Local café walking group

Music, art and computers Activity cost \$2.50

BBQ group shopping & cooking Activity cost \$5.00

Healthy cooking & shopping Activity cost \$5.00



Baking Activity cost \$2.50 **Community access Activity cost** Free

Walking & using public transport Activity cost \$2.50

Community access Activity cost Free

Activity 3

Mr Tambourine man music program Community access Activity cost \$10.00

Lunch group **Activity cost** Free

Swimming Activity cost \$10.00 Activity cost \$7.50 Movies **Activity cost** \$12.00

Activity 4

Community access Activity cost Free

Pampering & Movies Day Activity cost \$1.50

Perfomability Activity cost Free Movies **Activity cost Free** Aquafit Activity cost \$10.00

NDIS

Activity 5

Community access The first Monday of each month the hub goes to Bella Plus in Sydney central. **Activity cost** Free

Pub group Activity cost \$15.00

Community access Once a month we go on a special outing hand-picked by participants. Activity cost \$TBC

Sunnyfield disAbility Services

Start the conversation today and contact Angela Tipene T 0406 380 954 E a.tipene@sunnyfield.org.au Bexley Community Services Hub 81-83 New Illawarra Road, Bexley North www.sunnyfield.org.au