• WEEKEND CHILLS & THRILLS ALLAMBIE HEIGHTS //

Meeting Point Allambie Heights Community Service Hub, 185 Allambie Road, Allambie Heights Group-based activities for participants 18+ Start time 10am Finish time 4pm Participants to bring their Opal, Companion & Concession Cards to each activity

SATURDAY





Trip to Bare Island/La Perouse & picnic lunch Activity cost Free **Participants** to bring their own picnic lunch or bring extra money to buy lunch + spending money

SATURDAY

14 September 2019



Featherdale Wildlife Park Activity cost \$34 (Concession \$29) Participants to bring their own picnic lunch or bring extra money to buy lunch + spending money

SATURDAY

21 September 2019



Ten Pin Bowling and lunch at Dee Why RSL Activity cost \$20 **Participants** to bring extra money to buy lunch

SATURDAY 28 September 2019



SATURDAY

5 October 2019



Woy woy for lunch Activity cost \$25 Participants includes lunch at fisherman's wharf

SATURDAY 12 October 2019



Aqua Golf Penrith Activity cost \$15 **Participants** to bring their own picnic lunch or bring extra money to buy lunch

SATURDAY 19 October 2019



Movies at Warriewood Activity cost \$30 **Participants** to bring their own picnic lunch or bring extra money to buy lunch

SATURDAY 26 October 2019



Mini Golf Activity cost \$15

Powerhouse Museum – Apollo 11 Exhibition Activity cost \$15 (Concession \$8) **Participants** to bring their own lunch

Participants to bring their own picnic lunch or bring extra money to buy lunch





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SATURDAY

2 November 2019



Sculptures by the sea Activity cost Free **Participants** to bring their own picnic lunch or bring extra money to buy lunch

SATURDAY

9 November 2019



Glebe markets and lunch Activity cost Free **Participants** to bring their own lunch or bring extra money to buy lunch + spending money



SATURDAY

Cockatoo Island picnic Activity cost Free **Participants** to bring their own lunch or bring extra money to buy lunch

SATURDAY 23 November 2019



Barefoot Bowling at Manly Rock'n'Bowls Activity cost \$20

Participants to bring photo ID to into the venue, wear completely flat soled shoes or be prepared to play with bare feet, participants to be dressed appropriately according to club dress codes. Participants to bring their own lunch or bring extra money to buy lunch + spending money

SATURDAY **30 November 2019**



Sailability Activity cost \$10 (includes small lunch and temporary membership) **Participants** to bring covered shoes that can get Start time 9am Finish time 3pm

Start the conversation today and contact Thomas Velden T 0413 122 560 or 8977 2755 E northernsydneygroups@sunnyfield.org.au www.sunnyfield.org.au



Registered **NDIS** provider

